

Dr. David Twicken & the Healing Qi Center welcomes

Grand Master Mantak Chia

Qi Gong Taoist philosophy Inner-Healing

Join Taoist Master Mantak Chia for fun, playful, inspiring and rejuvenating workshops. Learn medical qi gong with this world-renowned author, teacher and healer. In this workshop mantak chia shares taoist theory, qi gong and mediation that can transform your body, mind and spirit.

Medical Qi Gong Basics

**Six Healing Sound, Inner-Smile, Microcosmic Orbit,
Intro. Healing Love**

May 5-6, 2012, 9:30am-5:30pm, 14-CEUs approved
Emperors College, 1807 Wilshire Blvd, Santa Monica, Ca.



This course is for any person interested in learning Qi Gong to increase their physical health and emotional harmony and vitality. *No prerequisites are necessary for this course.*

The healing sounds and inner smile are a easy to learn and practice medical qi gong that detoxifies the body, releases negative emotions and promotes our natural favorable emotions. This Qi Gong creates emotional harmony and vitality. The Microcosmic Orbit is the foundation mediation that enhances the natural flow of Qi in the two major channels that flow up the spine and down the front of the body. This Orbit is a key to rejuvenation. Healing love introduces how the Chinese view the relationships between health and sexual energy. These fully clothed, non-partner qi gong links how sexual energy assists in rejuvenating our body and our life.

Fusion of the Five Elements 1 – Emotional Transformation

Prerequisite: Medical Qi Gong Basics on May 5-6 or with a HT instructor.

May 7-8, 2012, 9:30am-5:30pm, 14-CEUs approved

Location: 12304 Santa Monica, West Los Angeles, Ca. 90025, Room 115

Fusion of the Five Elements is a powerful meditation that transforms negative emotions into vitality. This meditation is based on the five element relationships between the internal organs, emotions, temperatures and senses; this deep healing alchemy helps restore our internal balance. Balancing the inner body allows for outer rejuvenation to occur. This emotional transformation meditation is a profound self-healing Qi Gong for health and vitality.

For information: www.healingqi.com

Email: healingdao@gmail.com

Contact: Dr. David Twicken, DOM, L.Ac.

\$295 for each workshop